

OxBright PsychCon 2023

Mental Health Crisis: Future Trends in Psychology and How We Can Help Gen Z.





CONFERENCE PROGRAMME

Sunday, 15th October 2023

- | | |
|----------------|--|
| 10am | Welcome |
| 10.10am | Careers in Psychology: <i>A Day in the Life</i> |
| 11am | Case Study Session: <i>VR Therapy</i> |
| 12pm | Keynote: <i>A new era of Mental Health</i> |
| 12.45pm | Lunch |
| 1.30pm | Student Panel: <i>How to Ace Your University Applications, and Ask Us Anything</i> |
| 2.30pm | Professional Panel: <i>The Future of Psychology: What lies ahead for Gen Z</i> |
| 3.45pm | Plenary and Next Steps |
| 4.30pm | Parents Session |





Speaker Highlights

We've got a fantastic line up of speakers for you at the conference.

Allow us to introduce you to a few of them...

Dr Alix Hibble

Alix Hibble holds a PhD in Cognitive Psychology from Oxford University. She is a memory psychologist who specialises in helping students study smarter. She provides training for teaching staff at top schools across the country and is a regular feature at leading education conferences.



Ellen Froustis

Ellen is completing her PhD at the University of Oxford, researching a trauma-informed approach to volunteering for vulnerable youth. Ellen is an advocate for children's rights and youth voice.



Faissal Sharif

Faissal is currently undertaking his DPhil at Oxford University in Clinical Neurosciences, focusing on novel neurotechnology to fight mental disorders. He has completed his MSc in Translational Neuroscience at Imperial College London while researching new therapies for psychiatric disorders at the Centre for Psychedelic Research.



BEFORE YOU GO...

Take the OxBright University Preparation Report

OxBright's **free [Personalised Academic Report](#)** will help you to identify the areas your application that you might want to focus on further, as well as giving you the opportunity to compare your preparation with other prospective students.



Deep dive into your subject

Deepen your understanding of your chosen subject with **[OxBright's Online Courses](#)**. Our courses offer a unique opportunity to immerse yourself in your subject, providing in-depth exploration under expert guidance from the best tutors. You can also connect with like-minded learners from around the world, all from the comfort of your own home.



Secure work experience

Work experience is one of the most important aspects of any university application. Whether you volunteer, shadow a professional or complete an OxBright **[Internship](#)** with us, make sure you've got experience on your CV.



Stay up-to-date with your subject

Stay ahead of the curve and keep your knowledge fresh by exploring the latest insights and trends in your subject on **[OxBright's blog](#)**. Our informative articles provide valuable updates and in-depth analysis, ensuring you're always in the know. You can also keep an eye on your inbox for our subject-specific newsletters!





Discover Your Future in Psychology



Psychology Courses

Our online Psychology courses will introduce you to key psychological and neuroscientific concepts, lead by an expert tutor. You can find out more on our website, linked below.



Psychology Internships

Explore cutting-edge topics while developing your academic research and writing skills with our research internships, or work on a real project with our work experience opportunities.

www.oxbright.org
hello@oxbright.org

